

DOCTOR QUESTIONS - ZONES 5 & 6

QUESTIONS TO RELEASE INNER FEELINGS THAT HAVE CREATED SUBLUXATIONS OR DISORDERS OF CERTAIN SYSTEMS

ZONE 5

1. What did you do to overload the muscular system?
2. Is work too much?
3. Is life too big a load?
4. Do you like your work? How many hours do you work?
5. Do you get emotional so that this can affect the muscular system?
6. What is your attitude towards life?
7. What do you do for recreation?
8. Is anyone a pain in the neck to you?
9. Do you have an anger problem?
10. Do you have any mental loads that bother you?
11. _____
12. _____
13. _____
14. _____
15. _____

ZONE 6

1. What have you done to effect the circulation of your system?
2. Did you have a feeling of being shut off?
3. Do you have any fears? What are they? Are they associated with responsibility, separation, or life itself?
4. Have you committed an act you are ashamed of?
5. Does blood bother you?
6. Do you feel cold weather and does it bother you?
7. Can you tell if a change of weather is coming?
8. Do you exercise to increase circulation?
9. Can you relax?
10. Do you have enough rest and recreation?
11. _____
12. _____
13. _____
14. _____
15. _____

